

VOICE CONFIDENCE PRESENCE

learn to SPEAK with eloquence and ease whilst building PRESENCE — from the inside-out

INTRODUCTORY TUITION & GUIDANCE through DEMONSTRATION & PRACTICAL IMMERSION

The very best combination of personal attention and professional tuition *plus* essential catalysts to change:
focused attention = *the will* • practical supportive guidance = *the skill* • space to practice = *the thrill!*

if you wish to be heard and believed — start exploring your voice!

Day I + Day II address your issues with *practical experiential* tuition covering:

LISTENING	hear and be heard – what is the listener doing?
PRESENCE	release held tension • effective breathing • feel calmly centred
VOICE	vocal qualities • resonance vs. volume • variety • clarity
VIBRATION	energy of presence • how you come across – what is sent, what is received?
PAUSE	rhythm • pace • making pause your friend
CONNECTION	honour meaning • colour • release • mesmerise with easeful connectedness
APPLICATIONS	listening • hearing what is said and what left unsaid • body listening to understand yourself — to inspire • inform • persuade • communicate • celebrate • lead • speak formally • talk informally — for creativity • self-belief • happy socialising • change • education • health • stamina — for professional presence • natural confidence • eloquence & ease • credibility

— *for the joy of everyday vocal confidence* —

to mesmerise –
to influence
to entrance
to inspire
to calm oneself

tension is who you think you should be ...
... relaxation is who you really are ...

YOUR VOICE • YOUR PRESENCE • YOUR CONFIDENCE

Day I **Discovering Voice + Presence** – highly personalised tuition in a small group c. 4-6 people MAX

Day II **Practising Voice + Presence** – further experiential practice in a medium gathering c.10 people

SUMMER PAUSE Perfecting Voice + Presence – advanced life-changing 2-day PRESENCE MASTERCLASS c. 16 people

First telephone — *without obligation* — to discuss whether Group or 121 coaching is best for you ...
Regrettably, no advice can be given (or bookings accepted) by email, without first talking together.

Then book returning the **BOOKING FORM** with your payment to secure your training.

— *moving others through shining presence & the nuance of voice* —

Superbly endorsed by diplomats • lords • trustees • chairmen • ceos
directors • fund raisers • lecturers • teachers • lawyers • journalists
therapists • actors • narrators • everyday people who love voice ...
www.per-sona.com —> Others say ...

www.per-sona.com

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Susan White

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Coach of Professional Spoken Voice & Personal Presence



The Swedish Church

7 Harcourt St Marylebone London W1
in the private wood-panelled library

Days for Individuals

10.30am – 4.30/5pm

Day I	25 May	• 1 place
Day I	15 June	• 4 places
Day I	20 July	• 4 places
Day I	28 Sept	• 5 places
Day I	19 Oct	• 6 places
Day II	26 Oct	• 5 places

FEES

per person per day

£235 company funded
+ self employed

£200 non-profit organisations
+ self-funded from PAYE

£175 *discretionary discount*
Loyalty Scheme for Regulars

Professional coaching at
'sign-up + join in' fees

PLAN YOUR DEVELOPMENT

Day I + Day II both lead onto the
PRESENCE MASTERCLASS

SUMMER PAUSE
23 + 24 August 2012

[full details + fees on separate flyer]