

# GROUP PROGRAMMES

## Spoken Voice & Personal Presence

Some people are simply mesmeric ...  
understand and develop your personal presence  
whilst learning to listen and speak with eloquence and ease

### Tailored Group Programmes for Business

Small mixed groups for introductory training and continuation practice  
Focused on the individual within a team setting, just like everyday life  
Recognising and releasing individual habits and tensions  
Expert tuition through experiential exercises  
Specialist follow-on Master Classes & 121

... tension is who you think you should be ... relaxation is who you are ...

### Practical & Experiential

reveal credible presence • release tension • breathe effectively  
sound as vibration • resonance vs. volume • intonation • pace • making pause your friend  
master change • enjoy natural confidence • accent modification  
how to mesmerise your audience with your message

“ *When the synergy of speaker, message and listener is honoured,  
there is no space for nervousness, no paralysis, no self-consciousness.* ”

Overly focusing on what to say in place of how to sound delivers knowledge — rarely wisdom

Transformative • Inspiring • Precise • Professional • Effective • Magical • Superb Value  
Combined business experience and professional training ensures relevance

**Susan White** MA

Coach of Spoken Voice & Personal Presence

superbly endorsed by Diplomats • Lords • Trustees • Chairman • Chief Executives • directors • fund raisers  
lecturers • teachers • medical profession • barristers • journalists • therapists • clergy • museum guides • actors  
radio presenters • book narrators • all people intrigued by the nuance of voice ... see Others say ...

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Institute of Fund Raising  
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