

ENDORSEMENTS & COMMENTS

AMBASSADE du GRAND-DUCHE de LUXEMBOURG

I have enjoyed working with Susan White who was recommended to me as a Voice Coach. The skills Susan taught me proved to be very powerful and effective, and I was impressed by the quick progress I made over a few sessions.

Susan's working practices were flexible to fit in with a busy schedule.

Furthermore Susan has a very pleasing and interesting personality and our work together was a most enjoyable experience.

I thoroughly recommend Susan as a Voice Coach and I wish her every success in her practice.

Martine Kommer ♦ Deputy Head of Mission in London

HOUSE of LORDS

I was pleasantly surprised by the power of voice coaching as taught by Susan to enhance my ability to project myself, my personality as a confident speaker and my message in the way best to influence my audience and carry them with me.

Susan is full of insights, which she is able to tailor flexibly and sensitively to meet both immediate and longer-term needs.

Part of the secret of Susan's success is that she deals with the whole person and not just the voice in a manner that is both supportive and easy to absorb and accept.

I thoroughly recommend Susan as a voice coach to anyone whose role demands that they be an influential speaker with key audiences.

Lord Low CBE

ROYAL NATIONAL INSTITUTE of BLIND PEOPLE

Susan's coaching has made a significant difference to my ability to engage and influence audiences of all types.

I have enormous fun and gain huge benefit from working with Susan.

Her knowledgeable, professional approach alongside her informal style, make learning very easy.

I thoroughly recommend Susan's voice coaching either 121 or for group development.

Lesley-Anne Alexander ♦ Chief Executive, RNIB

Working with Susan has made me more aware of the power and nuances of my voice and enabled me to speak with greater confidence and impact.

I have certainly benefited from investing in voice coaching and recommend it to anyone who has to communicate ideas and information, regularly, with conviction.

Paul Amadi ♦ Group Director of Fundraising, RNIB

THE ROYAL INSTITUTION of CHARTERED SURVEYORS

Susan's warm, friendly and personable style enables her to convey a caring approach to the protection of my voice during a very hectic 12 months in my current role, which includes about 5 public speeches a weekmore than 250 in a year.

The tips Susan provides are really simple and easy to follow, although it does take commitment from me to remember to follow them, even though they are for my own good!

I thoroughly recommend Susan and her coaching for anyone with a heavy speaking schedule.

Barry Gilbertson ♦ 2005 President RICS & Partner, PriceWaterhouseCoopers

I found the Vocal Development Programme fascinating

— all thanks to Susan's obvious mastery and love of her subject and her informal and direct style.

Mark Goodwin ♦ Special Adviser to the Chief Executive, RICS

Susan White MA

Coaching Spoken Voice & Personal Presence

www.per-sona.com

020 7244 0402

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VOICE DAYS for INDIVIDUALS

One of the best training days I have ever experienced – thank you!
Keen to do more and am looking forward to Voice Day II

Jonny Mallabar • IT Consultancy

Very surprised at the power and impact of this one day workshop
– in such a small space of time my voice has grown and developed more than I ever thought was possible.
Initially feeling out of my comfort zone, this was soon replaced with feelings of being relaxed and confident
due to Susan's calming, understanding and extremely supportive manner.

Susan, thank you so much for this invaluable workshop,
I now feel a connection to my voice which I never thought was possible!

Linda Connors • Hypnotherapist

The Voice Day came as a timely reminder that it does no harm to take a step back
and look at our public performances from a different perspective.

It made me think about how I say things not just what I say — very good!

Kiera Bentley • Chief Executive BucksVision

BBC

I really enjoyed meeting the other people who had come from all sorts
of interesting places to talk about and focus on their voices.
Susan communicates brilliantly and the voice exercises were easy but very effective.

The day was totally enjoyable, but too short.
I felt I would have got more out of a weekend, but overall I give the day a ten out of ten.

Jane Gazzo • DJ BBC Digital Radio 6

CHURCH of ENGLAND

What a huge difference there was between our initial attempts in the morning
and our final 'performance' in the afternoon!

I was amazed at how much progress we had all made.

And it was lovely to be in a small, supportive group of people of various ages and professions.

I look forward to putting it into practice!

Reverend Vickie Sims • Parish Priest

The generous spirit, the sensitive tailor-made approach, the beautiful poetry,
the very practical help in delivering oneself and the message more confidently
have all made a big impact on me and my work.

I would, and do, recommend Susan White's coaching to others very warmly.

Sarah Fenby • Vicar

My interest is in developing my voice to sound the best it can
to reflect more of who I am in my day-to-day work and life.

The Voice Day was a really good experience — I felt in VERY professional hands.
I appreciated how welcome you made me feel and the way you created such a pleasant learning environment.

It was fun and I enjoyed working with the other chaps!

I have noticed I am paying more attention to what I am hearing already.

My daughter said she noticed a difference in my voice!

Julie Dunmore ♦ Counselor

Thank you so much for your voice coaching —it was very, very helpful.

I am already feeling the difference by using your practices and techniques.

I had one of my 3-day Pilates training courses and I applied certain things, such as:

being present, slowing down and clearly articulated speaking.

It did help and I wasn't nervous inside at all! It was wonderful!

Now I'd like to talk to you about your hypnosis and the Advanced Voice Coaching.

I am so, so happy I came to your Voice Day, I received so much from it.

Thank you so much.

Olya Adamska ♦ Pilates Instructor

Thank you so much for your kindness and encouragement during the Voice Day.

It was definitely a thought-provoking and transforming experience; I certainly felt vocally empowered afterwards.

I would also like to continue finding hitherto 'hidden' power in my voice

by attending Voice Day 2. Thank you again for last Wednesday.

Joe Strachan ♦ Phd Researcher

Thank you very much indeed for the Voice Day — it was amazing!

You do a wonderful job. Everyone in the group was really happy with it as well.

You make magic! I am very proud of the result too and enjoyed it very much.

Certainly, I felt exhausted at the end, but a good exhausted!

I was so glad to learn how to connect through my voice with the emotion of the message.

This gives me the motivation to re-listen to my pronunciation tapes, to practise and continue to develop.

Maritza Gibbs ♦ Shipping Manager

Thank you for a wonderful and rewarding day last Saturday.

I thought the whole group was so positive and empathetic towards each other,
that I wondered whether I was fortunate being part of a group where the chemistry worked,
or whether your input always manages to bring this out in people?

False modesty not permitted!

Jane McMahon ♦ Financial Adviser

I found the exercises pushed me outside my comfort zone and I recall feeling nervous — exactly the reason why I had come to you.

However, since the Voice Day, something has changed.

I no longer get that a nervous lump in my throat and, although I'm aware of and work on my breathing, there's also been a psychological shift for me. I'd love to do some more work with you.

I have to speak at a meeting next week and feel more confident with my voice — thank you!

Otherwise it would have ruined my week worrying about it.

Also I am noticing things in other peoples' voices that I never heard before;

I now can hear when someone has an 'embodied voice' — it's powerful!

You inspired me and I think of you when I focus on my voice.

Jacqui Sullivan • Voice Day 2007

As a painter I spend long hours on my own,

yet when I teach I have to connect effectively with lots of people!

Working with Susan has given me the insight and the skills to make this transition easily and with confidence.

Marianne McPhie • Botanical Painter & Tutor

I approached my day with Susan with a totally open mind and discovered some hidden aspects of myself along with the joy of doing something new and different.

It was challenging, yet fun and rewarding —

I certainly want to continue this journey which I feel will enhance so many aspects of my life.

Val Clay • Artist & Tutor • www.valwolstenholmeclay.com

BBC

Thank you for a very interesting and encouraging course.

A special thank you for giving me the confidence to reach the very evident success of the end.

Cordelia Harries • Design Manager

CEREBRA

for Brain Injured Children and Young People

Thanks very much for the very valuable and enjoyable Voice Day —

I feel I have plenty to practice and have already started to listen more to both my own and others' voices.

I would love to come back for further training in the future.

Gaynor Ellis • CPD Training & e-learning Coordinator

I thought I would let you know I accepted the offer of a job on Friday.

I feel the input from your coaching was the icing on the cake, which allowed this to happen.

Kevin Flanagan • 2 weeks after Voice Day

GMW ARCHITECTS

The venue and pace were relaxed and I liked the lack of pretension of busyness.
I found myself concentrating on the subject of the day, our voices, and really enjoying it.
I hope I learnt too!

The small group is excellent, allowing a nice balance between being the centre of attention
and quietly observing and listening to others.

Susan, you lead us with tact and honesty to give us something to work on, whilst being entirely encouraging.

Terry Brown ♦ Senior Partner

ROYAL BRITISH SOCIETY of SCULPTORS

Thank you for the stimulating and very rewarding experience of your Voice Day.

I felt very comfortable with you and the others – able to explore and address the issues around speaking in public.

I hope to see you again in 2005.

Almuth Tebbenhof ♦ Sculptor & Board Member

PSYNAPSE BUSINESS CONSULTANTS

I found the Introduction to Voice very useful and really enjoyed the day,
with its perfect pace and plenty of content for reflection.

Anthony McGarr ♦ Managing Director

EQ LEADERSHIP SOLUTIONS

Susan really helped me to highlight how to make my delivery more effective.

She gave me a lot to think about and I found it extremely useful.

Chief Executive

VOLANTI CONSULTING LONDON

One of the comments on the evaluation form for my day-long lecture on China was

'a great voice to listen to all day!'

So clearly I've improved as a result of your coaching – thanks!

Sheila Lewis ♦ Director

SCHOOL of SOUND

I really enjoyed the day.

You were very sensitive to everyone's different needs and I came away with lots of ideas and useful information.

It was great fun and such a nice group — I will recommend it to others.

Diane Sider ♦ www.schoolofsound.co.uk

I'm going to put your training into practice sooner than I thought and in a way I didn't expect –
on BBC Radio 5 Live!

Don't know that I'd have felt OK about doing this if it hadn't been for your course.

What's funnier is that I was in Borders, where they have an open-mic night,

I heard people reading poetry and was even tempted to join in!

Would never have even considered it before.

Ann McMeekin ♦ RNIB Web Accessibility

SUMMER PAUSE 2009

First, I am so glad I made time for this.

Thank you Susan for creating exactly what this is — a Summer Pause!

Two days to explore necessary and very important aspects of both my personal and professional self.

An incredible experience —

reminding, refreshing, re-energising, re-enforcing for me just how right it feels to lead well.

Besides the wonderful exercises and meeting others, I now have 'the secret' entirely integrated!

Please do more, a New Year Pause or Spring Pause too, such a valuable, powerful and enjoyable experience.

Vanessa Stanislas – Chief Executive Disability Alliance

Summer Pause — I couldn't come up with a more relevant title for the two day workshop if I tried.

As a freelance journalist I regularly find myself running around like a headless chicken, although this may be self-inflicted. My daily life consists of working under pressure to complete deadlines in between running to catch public transport.

Without doubt all this leaves me very panicked and out of breath.

Summer Pause gave me a chance to slow down and realise

it's OK NOT to feel so busy, whilst still achieving everything!

Just taking time out to gain composure through some simple methods has helped me relax and stay in control.

I couldn't recommend this enough.

Tulika Pandey – Freelance Journalist & Marketing Officer

I no longer have to push.

This profound realisation felt so visceral, simultaneously both felt and thought, it quite took my breath!

Your Summer Pause gives me much to reflect upon personally, creatively and professionally — Thank you.

SW – Amateur Theatre Director

Following the Summer Pause when I am with Clients now I am really present, my mind is not racing ahead thinking what to do next.

My listening has really improved and been enhanced and, as a result, Clients indirectly tell me what they need.

I have let go of the need to be thinking 'which technique'.

I am now trusting my abilities rather than placing trust in techniques.

Linda Connors – Clinical Hypnotherapist

This is what I need — love your creativity, love your coaching!

Lucy Rasheed – Actor

Susan White MA

Coaching Spoken Voice & Personal Presence

Susan's coaching has made a significant difference to my ability to engage and influence audiences of all types.

I have had enormous fun and gained huge benefit from working with Susan.

Her knowledgeable and professional approach, alongside her informal style, make learning very easy. I thoroughly recommend Susan to provide Voice Coaching either privately one to one or for group development.

[Lesley-Anne Alexander](#) • RNIB Chief Executive

Working with Susan has made me more aware of the power and nuances of my voice and enabled me to speak with greater confidence and impact.

I have certainly benefited from investing in voice coaching and recommend Susan to anyone who has to communicate ideas and information, regularly, with conviction.

[Paul Amadi](#) • RNIB Group Director of Fundraising

I shall miss you, Susan, you and your soft clear voice.

You added more than a touch of humanity to the Boardroom.

Thank you for the help and encouragement you gave me in developing my speaking skills.

Although my Northern Irish origin probably gave me the gift of the gab, you showed me how I could use my voice more effectively.

I'm sure our paths will cross again.

[Brendan Magill](#) • RNIB Trustee to 2009

Business, Employment and Disability Consultant — www.magill.co.uk

The feedback has been outstanding and this is certainly due to your input during the course —

'I found this course very useful – Susan's voice coaching sessions were especially good'

'I thought the combination of informal approach and the small group work hit the right note'

'The support and advice that Susan gave was most helpful'

'Brilliant at inspiring and illustrating techniques for improving style'

'Having worked with Susan I feel equipped to take on the next speaking challenge'

'Great! Susan's presentation was clear and her communication skills brilliant'

'It has left me a whole lot more confident in undertaking a difficult job'

It was a joy working with you Susan and I look forward to working with you in the future.

[Jim Richardson](#) • RNIB Corporate Training & Development

I wanted to tell you what a difference the Jan 2004 voice course has made!

I have since run 7 all-day internal training courses and given a presentation externally.

I have just submitted a proposal to talk at an international conference, something I would never have dreamed of doing, let alone wanted to! Thanks again.

[Madeleine Sugden](#) • RNIB e-publishing

I enjoyed the course despite wondering before hand why it was suggested to me.

Just goes to show we can always learn new things and I enjoyed the interaction of the group.

Since, I have been noticing how people use their voices as well as the different ways

I can express myself and engage with others, professionally and socially.

It was a very positive experience receiving tuition and feedback about myself.

I have your details for when we need voice and self-awareness training for visually impaired students.

Thanks again for a great experience.

[David Carrington-Porter](#) • RNIB Training – Post Compulsory-Education

The whole experience yielded much more than I ever imagined.

Wonderful learning from someone who listens deeply — your two days resonated round my weekend!

[Hugh Huddy](#) • Musician & RNIB Best Practice Officer for Accessible Information

CREATIVE WRITERS & POETS

LONDON METROPOLITAN UNIVERSITY

Having attended a day course I certainly recommend Susan as a teacher able to deliver a varied and interesting programme. Her exercises, designed to increase skill and confidence, are invaluable for anyone wanting to develop talents in public speaking and performance. Susan is generous with time and advice — learning takes place in a constructive, caring environment. As a teacher of Creative Writing, I found many ways to apply the skills taught. This coaching will benefit the Creative Writing students in developing the personal delivery of their own writing.

[Dr Briar Wood](#) ♦ [Tutor Creative Writing Course](#)

I found the part of the day when we went outside especially useful, although I know the work we'd done all day led up to that experience. The circular pattern of the courtyard was the perfect arena for our performances. Breathing into my back made me feel supported, made projecting my voice/self, better. I remembered this when I went to the Poetry Cafe the next weekend. Had I not experienced your Voice Day I may not have gone to the Poetry Cafe, so thanks again.

[Lesley Hannah](#) ♦ [Poet](#)

I greatly enjoyed the day with Susan. I appreciated the very generous feedback she gave me, as she put me in touch with my own poetry and other material. It was one of the best days of the year for me thus far!

[Jayamitra](#) ♦ [Poet](#)

Today was great fun and really useful. Particularly having actually experienced transforming the energy of fear into a positive force of voice and communication — rather than usual (failed) attempts to conceal or suppress it. I feel there's plenty to work on, but also that the impending poetry reading event doesn't seem as completely scary as it did before!

Many, many thanks.

[Emma Plouviez](#) ♦ [Poet & Creative Writer](#)

WRITERS VOICE DAY 2006

Thanks for a terrific day yesterday — I got so much from it. I admired the way you put together such a wonderful session full of information, insight and activity — and it was fun!

To do all of that in the sweltering heat is quite something!

[Pam Johnson](#)

GROUP VOCAL DEVELOPMENT PROGRAMMES

SQUIRE & PARTNERS

Architecture

Susan's voice coaching has made me approach public speaking with more confidence.

Mark Way • Partner

Voice Coaching with Susan White has greatly improved my public speaking. I have used the techniques learnt at these lessons to enable me to speak with authority. This improvement has been positively noted by many of my colleagues and clients.

Robert Bochel • Director

The objective at the start for me was to learn how to talk without a visual prompt. I feel I have been successful.

Susan also taught me to consider many things when speaking: volume, pace, eye contact, movement, the importance of practice and rehearsal as well as the value and pitfalls of using humour. Most importantly, the training taught me to be myself when speaking.

William Jefferies • Director

Susan has a very positive approach to her work, which engenders genuine team spirit and a belief in success. Her feedback is grounded in positive and constructive criticism, which is always perceptive and intuitive. I thoroughly enjoyed it and definitely notice the difference in my positivity towards public speaking.

Julia Wright • PR & Communications

SIR TERRY FARRELL & PARTNERS

Master Planning • Architecture • Urban Design

I have found Susan's work with us to be both constructive and illuminating. Constructive, in that we are very positively developing and building upon our existing skills. Illuminating, in that she has subtly enabled us to reflect on our own virtues and issues — altogether positive and worthwhile.

Neil Bennett

The sessions were good.

I found I was getting more depth of expression into my presentation as the course progressed.

Garry Colligan

Susan has allowed us to develop our vocal and presentation techniques in an individual manner. She has not imposed her own idea of what is correct.

Eugene Dreyer

The opportunity to share our experience of presentations as a group has been very helpful. To confront shared anxieties, problems, bad habits and concerns, has been very illuminating. To learn ways to overcome them, invaluable.

John Letherland

Working with Susan, we have not only developed our individual skills in communication and presentation. We have also, perhaps more importantly, appreciated one another's skills to work more effectively as a team.

Julian Tollast

Susan White MA

Coaching Spoken Voice & Personal Presence

PROFESSIONAL VOICE MASTER CLASSES

TRAINED & EXPERIENCED ACTORS

It was wonderful to be in an atmosphere of co-operation and mutual support.
I really enjoyed the text piece — what a find! Lovely to be back in a creative atmosphere.

Great to back into a safe learning environment again and blow some of the cobwebs away!
It was a very varied day — great fun, definitely put me back in touch with my voice ... Thank you.

Lovely to tune back in to you and your method, not least to realise how much it is already in us.
It is your love of language and how best to savour it, use it on free voices for sheer joy,
that makes it memorable.

You always come with something that has delighted you, to share that delight —
a special thank you for that!

All the very best, and here's to the next time.

Thank you for all your help and support on both Voice-Over days — you are wonderfully calming!
A very enjoyable and developmental day — it was a real bonus to catch up with everyone.

A massive thank you for all your help and support, what a great day.
Line actioning deliveries were very useful — as actors, so great to spend time doing this.

Please keep me informed about future dates,
if I can manage to be in the right place at the right time I shall sign up again.

Thanks for another great Voice Day.
The chance to be seaweed was obviously something I needed after last week
— I could have gone on all day!

It was very good to connect with everyone again in such a positive, comfortable atmosphere.
Your coaching always reminds me of all the reasons I love theatre and the spoken word.
Thank you — I look forward to seeing you again very soon.

Just wanted to thank you for a great day on Saturday.
I found it both useful and entertaining, and it was, as always, good to see you again.

I enjoyed it all very much, especially the exercise with the canes —
it was so creative and like nothing I had ever done before.

I always enjoy your breathing exercises. I know personally I have been neglecting my voice slightly
and not doing all that I should, so it was great to spend time developing the best physical state
before working.

I enjoy your coaching enormously and always feel reassured and energised by it.
— I have yet to saw up my broom handle ... and what amazing texts.

ALRA Academy of Live & Recorded Arts • Central School of Speech & Drama
Kingston College (BA Drama Studies) • London Metropolitan University (Creative Writers & Poets)
Falmouth University College of Art & Design • LSDA London School of Dramatic Art